



Photo: Jillayne Hunter // Artist: Kim Upstill

## dear friend of yf,

Welcome, Winter.

Welcome, the endings, the beginnings  
beginnings without ends --  
the ending of a trying year, the ending of YFVI Phase 1  
the beginning of a YF hibernation -- turning in to look out  
a rest, reset, then return  
with Phase 2.

Our intention with YFVI stays alive, allowing the form to shift and evolve as the phases pass, as the world changes, as we do. **Phase 2** has been redesigned to prioritize the care and safety of everyone involved in YFVI -- becoming a "collective residency" at a distance. During the month of February 2021, YF is providing space / time for each individual artist where they are currently practicing. The cohort and curators will continue to connect digitally, engaging in feedback sessions, internal experiments and presentations, workshops lead by the curators, panel discussions with outside arts organizations, and more.

When we return with Phase 2 in February, the newsletter will continue to be a direct line to the YFVI artists. We'll keep updating you on performances you can join (inside of YFVI and out), present artist curated editions, share resources that are challenging us, and opportunities to engage and support. Our [website](#) and [instagram](#) will continue to adapt and showcase current works in progress, experiments by the artists, and boost YF community happenings.

Until then, we are signing off.

Wishing you the courage to be gentle, forgiving, to let this year leave  
so newness has somewhere to take root.

Fenja Frances

YFVI Festival Coordinator / Assistant Director



Photo: Jillayne Hunter // YFV Opening Celebration

## community

-- events, opportunities, and ways to support

### Free support services to help you through the holidays:

Crisis Text Line // text HOME to 741-741 // [crisistextline.org](https://crisistextline.org)

Nacional De Prevención Del Suicidio // 1-888-628-9454

National Suicide Prevention Hotline // 1-800-273-8255

Local Peer to Peer Mental Health Support via Phone // [warmlines.org](https://warmlines.org)

Mental Health Support Meetings - ONLINE // [NAMI.org](https://NAMI.org)

Daily Recovery Support Meetings - ONLINE // [weconnectrecovery.com](https://weconnectrecovery.com)

Alcoholics Anonymous Meetings - ONLINE // [aa-intergroup.org](https://aa-intergroup.org)

Narcotics Anonymous Meetings - ONLINE // [virtual-na.org](https://virtual-na.org)

Codependents Anonymous Meetings - ONLINE // [CoDA.org](https://CoDA.org)

Online, text, and phone support for LGBTQ+ people // [PFLAG.org](https://PFLAG.org)

'Maintaining Mental Health During the Holiday Season (and a Pandemic)' Article // [click here to read](#)



Photo: Jessa Carter // Artist: Kim Upstill

## you

-- an invitation to engage

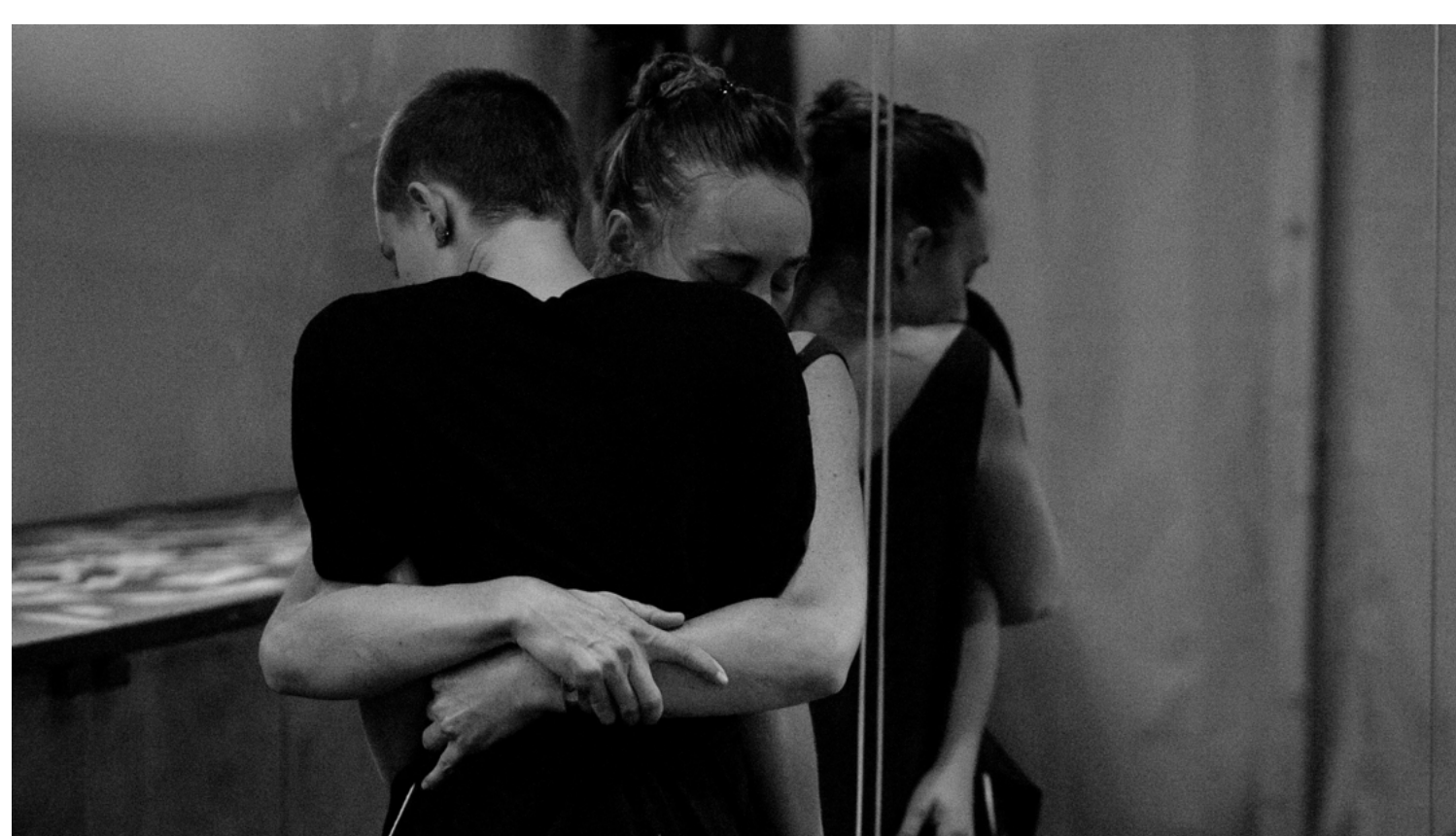


Photo: Jessa Carter // Artist: Alia Swersky



# YELLOW FISH

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